

**HOSPITAL DIALYSIS
CENTER:**

Monday to Saturday from 7:00 to 19:00
Tel. 0131206194

**LIMITED ASSISTANCE
CENTER**

Tel. 0131206423

DOCTOR'S OFFICE

Tel. 0131206221

COORDINATING OFFICE

Tel. 0131206124

MANAGEMENT OFFICE

Tel. 0131206253

**PERITONEAL DIALYSIS
OUTPATIENT CLINIC**

Monday to Saturday from 7:00 to 19:00
Tel. 0131207521

**PRE-AND-POST
TRANSPLANT
OUTPATIENT CLINIC**

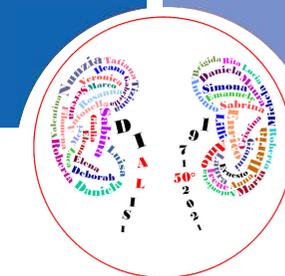
Monday to Saturday from 7:00 to 19:00
Saturday from 7:30 to 13:30
Tel. 0131206299

**NEPHROLOGY
OUTPATIENT CLINIC**

Tel. 0131206348



SCDU NEPHROLOGY AND DIALYSIS



The purpose of this booklet is to provide some information to help you deal with kidney disease in a conscious and serene way

EQUIPE



Team Director: Prof. Marco Quaglia
Doctor's Coordinator: Antonella Giolito
 B. Brezzi, C. Calvi, E. Gori,
 L. Estienne, D. Mancuso E.
 Parodi, G. Storace, V. Vaccaro, V. Zanetti

**Nurses and social health workers
 Administration Staff**

When the kidneys do not function properly, metabolic waste products tend to accumulate in the blood: this leads **to electrolyte imbalances and reduced elimination of fluids in the urine**. When kidney failure reaches its advanced stage, replacement therapy must be started.

DIALYSIS

THERE ARE 2 TYPES OF DIALYSIS

- hemodialysis
- home peritoneal dialysis

In our facility there are medical, nursing and social health workers trained to support and educate patients who need to start dialysis. The scheduling of the day and dialysis shift, as well as the assignment to the dialysis rooms, is defined by the medical and nursing staff: special needs will be taken into consideration by the staff in the context of mutual collaboration



PREPARATION FOR THE DIALYSIS SESSION

- **Clothings:** for proper personal hygiene, it is good practice to take off your clothes in the designated changing room and wear comfortable clothing such as a tracksuit or pajamas that must always remain the same, and slippers that will be used exclusively to access the dialysis rooms. It is strongly recommended not to leave valuables unattended in the locker.



- **Nutrition:** before haemodialysis sessions it is recommended to consume light meals; if dialysis is performed in the morning, have a light breakfast around 6:00 am; if dialysis is performed in the afternoon.

Lunch must be light and eaten around 11 am.

Only patients and not relatives are allowed to enter the dialysis room.



TRANSPORT: reaching our facility is simple. **The Dialysis Center** and **the Outpatient Clinics** are located on the second floor, staircase H, while **the Limited Assistance Dialysis Center** is on the -1 floor, staircase F. You can arrive with your own vehicle or you can use transport by ambulance/medical car.

If the patient comes with his/her own transport, he/she can request an **entrance pass** for the reserved parking lot for users, located in the internal courtyard of the hospital and a monthly reimbursement of the transport expenses.

If you need to be accompanied, the coordinator will take care of activating the appropriate means of transport by making a request to the local ASL, which will then assign the task to one of the associations present in the city.

OUTPATIENT CLINICS

- **Nephrology:** deals with the diagnosis and follow-up of kidney diseases
- **MaReA - advanced kidney disease:** deals with pre-dialysis kidney patients
- **Pre and post kidney transplant:** deals with preparation for inclusion in transplant lists and manages transplant recipients in follow-up

