

Dearest Users,

This brochure is a useful guide to our organisation, helping you explore our structure and services as easily as possible.

Please read this guide carefully and follow the instructions provided.

Healthcare employees are available to provide any additional information you need.

The rehab categories available at our organisation are as follows:

Voluntary Rehab:

- Rehab aimed at diagnostic in-depth analysis and identifying an optimal therapeutic approach to the patient's psychological state.

Emergency Rehab:

- rehab for grave emergent psychopathological cases where the patient lacks sufficient acknowledgement of the disease.

The bed allocation is realised based on clinical conditions and the specialised type of care required for administration.

Required documents for rehab registration:

- health care card
- Identification Document
- any documents from the previous rehab

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For international patients

-passport

What to take to the rehab centre:

Strictly necessary personal items, clothing changes, and toiletries for personal hygiene.

Please avoid bringing cash or valuables. If you have any valuable items or money, please hand them in to the section nurses.

You have access to filing requests, and the movements will be monitored and recorded on a specified card. Upon dismissal, the items will be returned to the owner.

The hospital is not responsible for goods and objects stored by the patient.

During rehab, the administration of any medication is at the exclusive discretion of the on-site healthcare staff.

Visiting Hours

From 11.30 to 13.30

From 18.00 to 19.30

The families can profit from meetings with our doctors, every day between 12.30 and 13.00

Via Venezia, 16 – 15121 ALESSANDRIA

It is essential to be punctual to enable healthcare staff to deliver optimal care and support, and to ensure all patients have a respectful experience.

The presence of a family outside visiting hours is permitted only under exceptional circumstances, as confirmed by the attending physician and the Charge Nurse.

Meal times

The meals are notified one day in advance by the staff and are served within the following times:

1. Breakfast 08.00
2. Lunch 12.00
3. Dinner 18.00

Special dietary needs require confirmation from healthcare personnel; after that, they will be assigned to the kitchen. Unsealed food (homemade dishes) is not allowed in the section due to food preparation and food safety concerns. At the time of hospitalisation, Families are asked to provide telephone number (s) for future communication and ongoing safeguarding (support administrator, trustee, legal guardian).

Cell phones: Patients are allowed to carry their cell Phones: on the condition that they comply with applicable privacy laws and regulations, it is reminded to patients and their visitors that it is prohibited to record or take photos inside hospital complexes. Healthcare personnel may confiscate the device if these rules are violated.

Appropriate use of cellular devices is the individual responsibility of the patients and their visitors and is prosecutable by law.

The charging cable and plug of the cell phones must remain in the custody of the section personnel.

After 21:00, the cell phone must be left with the floor personnel.

The items below are forbidden from being held by the patients within our structure:

Glasses and glass bottles, scissors, sharp objects, medicine, lighters and matches; even if necessary for the patients, these objects need to be absolutely left in the custody of the nurses of the section.

Common Areas:

The common areas of the section (corridor and shared living room) are open to all patients. Each patient may access only their assigned room and may not sleep in other patients' rooms without their consent. In addition, it is not allowed to stay in the room of patients from the opposite sex. Medication, the Charge Officer, the kitchen, deposits, and smokers' areas are not freely available. With regard to the Day Hospital, the doctors' offices, the director's office, the Day

Hospital's deposits, the treatment rooms, and the medication assigned to and by the Day Hospital are not free to access.

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Patients are expected to comply with the section's rules, which are designed to protect the well-being and safety of patients and staff and to ensure the delivery of aid and the fundamental principles of co-living.

*Thank you a myriad for
your attention and
collaboration*

*Staff members of the
Department of Psychiatry*

S.C. Psychiatry

Informative Note for the Patients

